



Pre-K 4 SA Menu: January 11th - 15th

(Cycle: Week 2, Day 6 - 10)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	11-Jan	12-Jan	13-Jan	14-Jan	15-Jan
Breakfast	Honey Graham Cereal Seasonal Fresh Fruit Milk	WW French Toast Sticks Cinnamon Peaches Milk (Syrup)	Turkey Sausage Patty WG Biscuit Dragon Punch Juice Milk (Jelly)	Breakfast Sandwich Turkey Canadian Bacon Sliced Cheese WW English Muffin Cinnamon Apples Milk	Fruit & Yogurt Plate Vanilla Yogurt Granola Strawberries/Blueberries Milk
Lunch	Salisbury Steak Mushroom Gravy WW Egg Noodles Brown Sugar Baby Carrots Seasonal Fresh Fruit Milk	Chicken Parmesan Breaded Chicken Patty WW Spaghetti Spaghetti Sauce Shredded Mozzarella Steamed Broccoli Milk	Sweet & Sour Chicken Grilled Chicken Strips Sweet & Sour Sauce Steamed Brown Rice Edamame Seasonal Fresh Fruit Milk	Open-Faced Chicken Sloppy Joes Ground Chicken WW Hamburger Bun Wax & Green Beans Diced Butternut Squash Milk	WG Pollock Fish Sticks Steamed Brown Rice Steamed Corn Seasonal Fresh Fruit Milk (Ketchup)
Snack	WG Animal Crackers Fruit Yogurt Cup	Mozzarella String Cheese WG Chocolate Graham	Cheddar Rectangle WW Crackers	Vanilla Wafer Cookies 100% Grape Juice	Apple Cereal Bar Milk
Late Snack	Honey Graham Crackers Applesauce Cup	Pineapple Cereal Bar Wango Mango Juice	Oatmeal Strawberry Bar Craisins	Mini WG Bagel Sun Butter	Diced Mango Cup White Cheddar Popcorn

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